UNIVERSAL PAIN ASSESSMENT TOOL

This tool is intended to help assess pain. Use the faces or behavioral observations to interpret expressed pain intensity.

Please circle your pain level
Por favor circule su nivel de dolor

Verbal Descriptor Scale
- No Pain: Alert, Smiling
- Mild: No Humor, Serious Flat
- Moderate: Furrowed Brow, Pursed Lips, Breath Holding
- Severe: Wrinkled Nose, Raised upper lip, Rapid Breathing
- Very Severe: Slow blink, Open mouth
- Worst Pain Possible: Eyes closed, Moaning, Crying

Wong-Baker Facial Grimace Scale
- 0: No Pain
- 1: Mild
- 2: Moderate
- 3: Severe
- 4: Very Severe
- 5: Worst Pain Possible

Activity Tolerance Scale
- NO PAIN
- CAN BE IGNORED
- INTERFERES WITH TASKS
- INTERFERES WITH CONCENTRATION
- INTERFERES WITH BASIC NEEDS
- BED REST REQUIRED

Spanish
- SIN DOLOR
- PUEDE SER IGNORADA
- INTERFIERE CON TAREAS
- INTERFIERE CON CONCENTRACIÓN
- INTERFIERE CON NECESIDADES BÁSICAS
- CAMA RESTO SE REQUIERE

Claimant Signature (Firma Reclamante)  Date (Fecha)